What's happening

September/October 1986
A bimonthly calendar of public events at UC-San Francisco. Please come and enjoy.

UCSF-LAUREL HEIGHTS EVENTS

All events are held at 3333 California St. Auditorium. Call 476-3206. Free parking available (enter from California St.).

Wed., Sept. 10: **Free Community Health Talk: Unmasking Current Myths About Aging.** 7:30 p.m.

Tues., Sept. 30: **Flower Giveaway.** Public parking area. 1-4 p.m.

Wed., Oct. 22: **Free Community Health Talk: Brain Tumor Research: The Latest Information.** 7:30 p.m.

Sat., Oct. 25: **CAL Musical Panoramas: Los Angeles Brass.** 8 p.m. $8.

CAMPUS TOURS

All tours are free and take place at 1 p.m. on Tuesdays, September 9, 16, 23, 30 and October 7, 14, 21, 28. Meet in the lobby of the Medical Sciences building, 513 Parnassus. For further information call 476-4394.

BROWN BAG TOURS/ LECTURE SERIES

All lectures are free and held on Wednesdays at noon in Room 300 Health Sciences West (enter through 513 Parnassus). Tapes of all talks are available for listening in the UCSF Library, SIMA Unit, Room 345 Health Sciences East. For further information call 476-4394.

Sept. 3: **Getting Along with Difficult People.** Understanding yourself and how you relate to others. Knowing why people act the way they do.

Sept. 10: **What's New in Plastic Surgery?** Improving your body contour through suction lipectomy and tissue expansion.

Sept. 17: **Early Detection of Breast Cancer.** Mammography saves lives, and may help avoid mastectomies.

Sept. 24: **Risks & Benefits of Medical Care.** Medical care is potentially dangerous to your health.

Sept. 30: **40—The Number, the Age, the Symbol.** How numbers affect our feelings and behavior at 40. And, some good reasons for the 40-year jitters!

Oct. 1: **Psychological & Interpersonal Issues in Manned Space Flight.** How will "people problems" affect future space missions?

Oct. 15: **Getting More Mileage Out of Your Money.** Your two silent partners: inflation & taxes; a 5-step plan for financial independence; specific goal-planning techniques.

Oct. 22: **Personality & Survival in Later Years.** The complacent may die younger. Aggressiveness may add years to your life.

Oct. 29: **Eye Care—New Vision Improvement Techniques.** Lasers, new drugs, corneal surgery, cataract extraction, retinal detachment, macular degeneration and ocular trauma.

ART EXHIBITS

Hospitals Auxiliary Exhibit. On display for the month of September in the lobby of Moffitt/Long Hospitals, 505 Parnassus, will be water colors and photographs. A portion of all proceeds benefits patients at the Medical Center at UCSF. To purchase or reserve work, visit the Auxiliary Office, Rm. 181, Moffitt Hospital, 505 Parnassus, 10 a.m.-2 p.m. or call 476-4906.

Faculty/Alumni House Exhibit. Theatrical Images—Past and Present. An exhibit of visual materials from the performing arts Sept. 2-Nov. 26. Faculty/Alumni House, 745 Parnassus. 8 a.m.-4:30 p.m. The public is invited to an opening reception on Thurs., Sept. 4, from 4:30 to 7 p.m. Call 476-4723.

FOLK DANCING

Learn folk dancing from various parts of the world. No partner needed and everyone is welcome to attend. Held every Tuesday in the Millberry Union Gym, 500 Parnassus. 1:15-2:30 p.m. $1.

COMMUNITY HEALTH EDUCATION PROGRAMS

Lectures are free and geared to senior citizens. Call 476-3206 for exact dates & times.

September

Prevention of Assault & Rape. OMI Senior Center, 333 Randolph St.

Aging & Nursing Homes. California League for the Handicapped, 1299 Bush St.

A Healthy Outlook. First Baptist Church Senior Center, 21 Octavia St.

Holistic Health. Montefiore Senior Center, 655 Brotherhood Way.

Insomnia. Seventh Ave. Presbyterian Church Senior Center, 1329-7th Ave.

Background Information on AIDS. Glide Senior Center, 330 Ellis St., #611.

October

Coping with Grief and Bereavement. Montefiore Senior Center, 655 Brotherhood Way.

SPECIAL EVENTS

Wed., Sept. 24: **Free Community Health Talk: Quitting Smoking & Gaining Weight.** Toland Hall, 533 Parnassus. 7:30-9 p.m. Free parking available. Call 476-3206.

Tues., Sept. 30: **CAL Lecture: Essence of Indian Art.** HSW 300 (enter through 513 Parnassus). Noon.

Thurs., Oct. 9: **Cole Hall Matinee Cabaret: Harriet Schiffer in "Morning Sickness, or Woodsman, Spare That Tree."** Cole Hall (enter through 513 Parnassus). Noon.

Tues., Oct. 14: **CAL Outdoor Dance: Jeff Friedman & Dancers and the Virginia Matthews Dance Company.** Saunders Court (enter through 513 Parnassus). Noon.

Mon., Oct. 20: **Campus Blood Drive.** Blood may be given in Millberry Union main lounge, 500 Parnassus, from 8 a.m.-3 p.m., or mezzanine level, School of Nursing Bldg. (enter through 521 Parnassus) from 11 a.m.-5:30 p.m. For further information call 476-4394.

Sat., Oct. 25: **Focus on Families.** A one-day conference for families of children with cancer and their health providers. McLaren Hall, USF, 2130 Fulton. Cosponsored by UCSF Department of Pediatrics. Call 863-3012.

Wed., Oct. 29: **Free Community Health Talk: AIDS: What is the Risk for Women?** Toland Hall. 7:30-9 p.m. Free parking available. Call 476-3206.

COLE HALL CINEMA

All films are shown in Cole Hall, Medical Sciences building, 513 Parnassus. Children under 14 $2; UCSF students, seniors & Millberry Union members $2.50; general $3. Call 476-2571.

Thurs., Sept. 25: **Down & Out in Beverly Hills.** 5:45 p.m.

Fri., Sept. 26: **Down & Out in Beverly Hills.** 6:30 & 8:45 p.m.

Thurs., Oct. 2: **Color Purple.** 5:45 p.m.

Fri., Oct. 3: **Color Puple.** 6:30 & 9:30 p.m.

Thurs., Oct. 9: **A Chorus Line.** 5:45 p.m.

Fri., Oct. 10: **A Chorus Line.** 6:30 p.m.

Thurs., Oct. 16: **Best of Times.** 5:45 p.m.

Fri., Oct. 17: **Best of Times.** 6:30 & 8:45 p.m.

Thurs., Oct. 23: **Out of Africa.** 5:45 p.m.

Fri., Oct. 24: **Out of Africa.** 6:30 & 9:30 p.m.

Thurs., Oct. 30: **Invasion of the Body Snatchers.** 5:45 p.m.

Fri., Oct. 31: **Invasion of the Body Snatchers.** 6:30 p.m.

NURSING SERVICES COURSES

For further information call 476-2993.

Tues., Sept. 16: **Basic Arrhythmia I.** Rm. 980, Moffitt Hospital, 505 Parnassus.

Thurs.-Fri., Sept. 18-19; Fri., Sept. 26: **Advanced Concepts in Pediatric Nursing.** Rm. 721/729 School of Nursing Bldg. (enter through 521 Parnassus).

Mon., Sept. 22: **Advanced Vascular Conference.** Auditorium, Langley Porter Psychiatric Institute, 401 Parnassus.

Mon., Sept. 22: **Left Ventricle Assist Device.** Call 476-2993 for location.

Tues., Sept. 23: **Basic Arrhythmia II.** Rm. 980, Moffitt Hospital, 505 Parnassus.

MOBILE MAMMOGRAPHY SCREENING PROGRAM

Women now can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient shopping or downtown locations in San Francisco and remains for a week at a time.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $40. To make an appointment call 990-0459 or 476-2193 between 9 a.m. and 3:30 p.m.

The van will be at the following locations during September and October:

- Sept. 2-5: Grand Central Market, on California St. between Steiner and Fillmore. (Mon. is a holiday).
- Sept. 8-12: Taraval Safeway, on Taraval between 17th & 18th Ave.
- Sept. 15-19: Lick Super, on 7th Ave. beween Geary & Clement.
- Sept. 22-26: Embarcadero, on Drumm between Sacramento & Clay.
- Sept. 29-Oct. 3: Diamond Heights Blvd., near Safeway.
- Oct. 6-10: Marina Green parking lot, near Buchanan & Marina Blvd.
- Oct. 13-17: Irving between 25th & 26th Ave.
- Oct. 20-24: AT&T employees, Pleasanton.
- Oct. 27-31: UCSF-Laurel Heights parking lot, 3333 Calfornia.

CHILDREN & FAMILY HEALTH FAIR

Sat., Oct. 25: UCSF's second annual fair focusing on health education, disease prevention and safety for adults and children. All activities are free. Millberry Union, 500 Parnassus. Free parking in the Millberry garage. For further information call 476-3977.

ART FOR AIDS AUCTION

Sat., Oct. 11: Auction to benefit Bay Area organizations fighting AIDS, including UCSF AIDS Health Project, at the Vorpal Gallery, 393 Grove St. Preceded by a kickoff party at the gallery Sun., Oct. 5, 7:30 p.m. An exhibit of the art being auctioned will be at the gallery Oct. 6-Oct. 11. For further information call 558-8163. Post-auction party to correspond with Golden Gate Business Association Benefit, Oct. 11. For GGBA ticket information call 956-8677.

WOMEN'S RESOURCE CENTER EVENTS

All events are held from noon-1 p.m. in Toland Hall, 533 Parnassus. Call 476-5836.

Thurs., Sept. 4: **Women-hating, Racism & Violence in the Top 40.** Alix Dobkin, musician & author.

Thurs., Sept. 11: **The Heroine in Everywoman.** Jean Shinoda Bolen, author & UCSF clinical professor, psychiatry.

Sat., Sept. 13: **Fertility Awareness Workshop.** Pippa Gordon, Family Planning Program of the SF Health Department.

Thurs., Sept. 25: **Visions of Yin.** Slide show & discussion of artwork with Mayumi Oda.

NEW VOLUNTEER ORIENTATION

To acquaint new & prospective volunteers with opportunities available in the Medical Center at UCSF. Call 476-1196.

Thurs., Sept. 11: Rm. 130, Clinical Sciences Bldg., 521 Parnassus. 1-3:30 p.m.

Tues., Sept. 23: Rm. 209, Clinical Sciences Bldg., 521 Parnassus. 6-8:30 p.m.

Tues., Oct. 7: Rm. 517, School of Nursing Bldg. (enter through 521 Parnassus). 1-3:30 p.m.

Thurs., Oct. 23: Rm. 209, Clinical Sciences Bldg., 521 Parnassus. 6-8:30 p.m.

CAL FILM AND READING GROUP MEETINGS

Held once a month to discuss selected books and films. Board of Governors' Rm., Millberry Union, 500 Parnassus. Call 476-2542.

Tues., Sept. 9 & Oct. 14: **CAL Film Group Meeting.** 5:45 p.m.

Tues., Sept. 30 & Oct. 28: **CAL Reading Group Meeting.** 7 p.m.

PRO: RECREATION & FITNESS PROGRAM

Over 100 classes offered every quarter in areas of exercise, stress management, massage & relaxation skills, dance, scuba diving, sailing, self-improvement & education, cooking, catering, photography and stained glass. For further information and a free brochure listing all classes, including circuit weight training, creative wok cooking and more, call 476-1800. Register at Millberry Union Central Desk, 500 Parnassus, from 7 a.m.-2 p.m. and 4-7 p.m. on the dates listed below:

Tuesday, Sept. 30: Registration for children's & adult classes for Millberry Union members & UCSF students.

Wed., Oct. 1: General registration for children's & adult classes.

OUTDOORS UNLIMITED

Located on Parnassus Ave., street level in the University Hospital Bldg. between 3rd and 4th Ave., Outdoors Unlimited offers outdoors adventures for the neighborhood and campus community. Sign up for activities from 11:30 a.m. to 1:30 p.m. or 5 to 7 p.m., Monday & Friday; 11:30 a.m. to 1:30 p.m. or 4 to 6 p.m., Tuesday to Thursday. Two-week advance registration is required for most events. For further information and a free brochure listing all events call 476-2078.

Sat., Sept. 6, 13, 20; Sun., Sept. 7, 14, 21: **Introduction to Sea Kayaking Class.**

Sun., Sept. 7: **Marin Bicycling & Picnicing.**

Wed., Sept. 10, 17: **Kayak Roll Session.** Millberry Union Pool, 500 Parnassus. 9-11 p.m

Sat., Sept. 13: **Huckleberry Harvesting & Wild Edibles Identification.**

Sat., Sept. 13: **SF Bay Sail.**

Sat.-Sun., Sept. 13-14: **American River Beginning Kayakers Trip.**

Sun., Sept. 14: **Introduction to Safe Climbing.** Indian Rock, Berkeley.

Sun., Sept. 14: **SF Blues Festival Picnic.**

Wed.-Sun., Sept. 17-21: **Boardsailing Class.**

Sat.-Sun., Sept. 20-21: **Lake Tahoe Bicycling.**

Wed., Sept. 24: **Bay Area Sea Kayakers Meeting.** Millberry Union, 500 Parnassus. 7 p.m.

Wed.-Sun., Sept. 24-Oct. 5: **Flatwater Canoeing Class.**

Sat., Sept. 27: **Benefit Dance Party.** Millberry Union, 500 Parnassus. 8 p.m.-midnight.

Sat., Sept. 27: **Mt. Tamalpais Lost Horizons Day Hike.**

Tues., Sept. 30: **Adventure Film Society Show. Whitewater Night.** Millberry Union, 500 Parnassus.

PATHS OF HEALING & WHOLENESS SEMINARS

All talks are free and held on Fridays at noon in Rm. 517, School of Nursing Bldg. (enter through 521 Parnassus). Call 476-3138.

Sept. 12: **Transcendental Meditation.**
Sept. 19: **Yoga-Dance.**
Sept. 26: **Astrolevel Energy in the Hospital Environment.**
Oct. 3: **The Role of Parapsychology: Objective & Subjective Aspects.**
Oct. 10: **Transpersonal Perspective on Adult LIfe Transition.**
Oct. 17: **How the Lifespring Will Affect Career Performance.**
Oct. 24: **The Meeting of Spiritual Healing & Psychology.**
Oct. 31: **Psychic Healing: How to Heal Yourself.**

To Our Neighbors is produced by the UCSF News and Public Information Services Department. For further information call 476-1541.

UCSF
University of California, San Francisco
...A Health Sciences Campus

To our neighbors

September/October 1986
A summary of recent news stories from the University of California, San Francisco...A Health Sciences Campus.

Volume 11, Number 5

New Programs, Advances from School of Pharmacy

Several exciting programs and advances have occurred in the UCSF School of Pharmacy over the last few months, from a toxic information hotline to a multimillion-dollar grant for a computer system.

• One of the busiest telephones at SFGH is the emergency hotline for the statewide Toxic Information Center. Part of the UCSF-affiliated Poison Control Center, the hotline was established to address the problems of toxic wastes and hazards and to respond to public health concerns on everything from emergency spills to potential dangers of fumigating a home for termites.

People are urged to use the Toxic Information Center Hotline (800-233-3360) only in emergencies related to hazardous material accidents, and to call the Poison Control Center (476-6600) for all other toxic substance and poison-related calls.

• UCSF pharmacy researchers have discovered an unsuspected drug interaction that may explain why several major anti-arthritis drugs, including the drug Oraflex, have turned out to be deadly. "This finding has the potential for letting us predict the toxicity of these drugs before their release to the public," said Leslie Z. Benet, PhD, professor and chair of pharmacy.

Benet and his colleagues looked in detail at the chemical interactions of Zomax, another pain-killer taken off the market in 1983 after several deaths from allergic reactions were attributed to it. They found that the drug is changed to a reactive and unstable compound that readily binds to proteins in tissues, indicating it is likely to form highly allergenic compounds. This unsuspected chemical interaction could explain the allergic reaction experienced by some users.

• The federal government has granted the School of Pharmacy a $4.39 million grant to develop a new computer system called the "Macromolecular Workbench," which will assist in the design of new biological materials.

The UCSF research group, under the direction of Robert Langridge, PhD, now will be able to accelerate its ongoing efforts to develop computer software and graphics displays that can help predict the three-dimensional structure of proteins. Once scientists know this, they can determine how proteins act, how drugs and other chemicals interact with proteins and how to engineer new proteins.

• Clinical pharmacist Helene L. Lipton, PhD, has received a three-year $514,000 grant from The John A. Hartford Foundation to find out if intensive counseling and education by hospital pharmacists can improve the safety and effectiveness of drug use by the elderly and reduce the number of drug-related visits to health centers.

Several surveys now say that failure to properly take prescribed medication and inappropriate prescribing by physicians are responsible for up to 20 percent of all hospitalizations of the elderly.

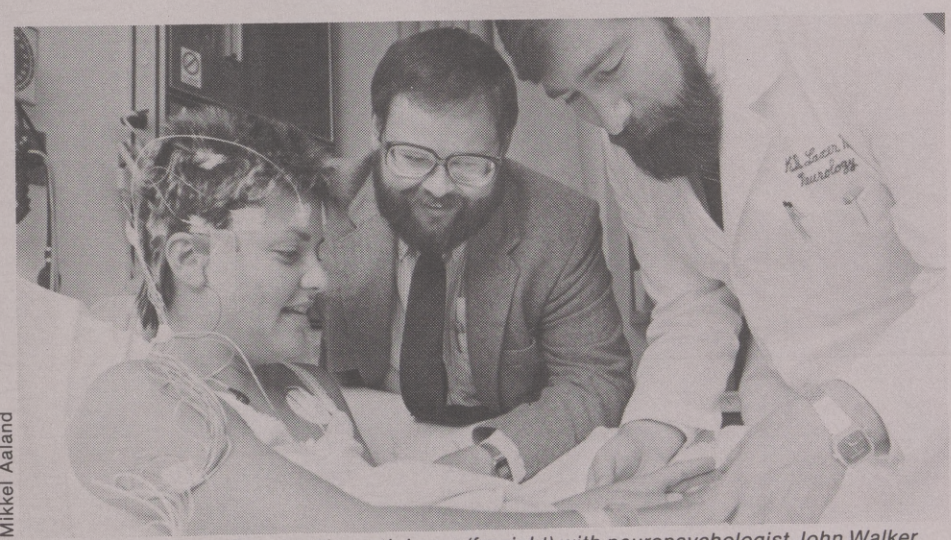
FDA Approves Hepatitis B Vaccine

The Food and Drug Administration has approved the genetically engineered hepatitis B vaccine created by UCSF scientists and Chiron Corporation of Emeryville, and marketed by Merck Sharp & Dohme.

This is the first vaccine produced by gene splicing technology to be approved by the FDA.

Scientists at UCSF, Chiron and the University of Washington were the first to clone the outer coat of the hepatitis B virus in 1981, and later that year inserted it into yeast cells to obtain a pseudo-virus particle which could stimulate an immune response against the hepatitis virus, yet which itself was not infectious.

The UCSF research group was led by William J. Rutter, PhD, director of the Hormone Research Institute.



Mikkel Aaland

New Epilepsy Center Director Kenneth Laxer (far right) with neuropsychologist John Walker and patient Lori Bryan of Fort Jones, CA.

New UCSF Center to Care for Problem Epileptics

Northern California's first comprehensive epilepsy treatment center—a service geared to treating the 25 percent of patients with epilepsy who cannot be helped with standard drugs—opened in July at UCSF.

One of the major options the new program offers is surgery to remove portions of the brain that are causing the epileptic seizures. Though drugs are the first-choice treatment for controlling seizures, many epileptics find them ineffective or toxic.

"The epileptics who cannot be helped with drugs are an ignored segment of society," said Kenneth Laxer, MD, director of the center.

Laxer hopes to be able to find effective treatments for these patients, either by fine-tuning their drug therapy, using new and still experimental anti-convulsant drugs or, as a last resort, surgery.

The Latest on Laurel Heights Renovation

The San Francisco Board of Supervisors in July approved a resolution urging the Mayor and UCSF to work out a "Memorandum of Understanding," similar to the one already in existence between the City and the Presidio, regarding future plans for campus development. Chancellor Krevans has assured the City that this campus is very willing to sit down with the Mayor to discuss such a memorandum, which would enhance communication between the City and the campus, and the campus now has received a letter from the Mayor's office requesting that this process begin.

As requested by the UC Regents, campus representatives also will continue to meet with neighborhood and merchants' groups in both the Parnassus campus and the Laurel Heights areas.

(Continued on back page)

UCSF
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...A Health Sciences Campus

UCSF-LAUREL HEIGHTS SHUTTLE

A limited shuttle service between UCSF-Laurel Heights and the Parnassus campus will begin Monday, September 15. The shuttle, which will use main, arterial streets, will run every half hour to serve the administrative offices currently housed at Laurel Heights.

(Laurel Heights continued)

Meanwhile, the San Francisco Board of Supervisors on August 25 voted not to join the Laurel Heights Improvement Association in its lawsuit to block the move of the UCSF School of Pharmacy's academic research programs and administrative offices to UCSF-Laurel Heights. Also, contrary to reports in the press, the City had not joined the suit prior to the Board's vote.

A temporary stay against UCSF was issued by the Superior Court on August 20, precluding the University from beginning certain internal renovations of the UCSF-Laurel Heights building, but allowing planning and design activities to continue. On September 15, a court hearing will be held on the merits of the case, which challenges the adequacy of the campus' Environmental Impact Report. The judge will then decide on whether or not to grant an injunction, which, if granted, would further delay the project.

The lawsuit asks for a new EIR which would more specifically detail any potential effects of toxic and radioactive materials, further public hearings, and reconsideration of the EIR by the UC Board of Regents.

In a letter to some members of the Board of Supervisors, Thomas Gwyn, Assistant Chancellor, stressed that 1) the School of Pharmacy programs pose no danger to the community, 2) the EIR completely addresses the safety procedures used in dealing with any potentially toxic substances as well as other concerns of the neighbors, and 3) the community was involved in every step of the planning process. For more than a year, since the building was purchased, the campus communicated through 35 letters, notices, and public and Campus Planning Committee meetings, in an attempt to keep the community informed about plans as they developed.

$7.5 Million for AIDS Treatment Unit

A $7.5 million five-year contract has been received by UCSF to establish an AIDS Treatment Evaluation Unit at SFGH. The contract from the National Institute of Allergy and Infectious Diseases, part of the National Institutes of Health, is to test experimental drugs in persons with AIDS and ARC (AIDS-related complex).

John Mills, MD, and Paul Volberding, MD, will direct the UCSF-affiliated program. They will work with the other AIDS experts and staff of the internationally recognized AIDS clinic established at SFGH in 1982.

The focus of the program will be clinical studies, which include 14 institutions across the US. A total of $100 million will be given to the medical centers over the next 5 years.

CVS Proves Acceptable Alternative to Amniocentesis

In the first published report on 1,000 consecutive cases of chorionic villus sampling (CVS), UCSF researchers concluded that CVS is an acceptably safe and reliable procedure for prenatal detection of genetic disorders.

"CVS looks safer and more reliable than I had expected and offers the tremendous advantage of early diagnosis," said Mitchell Golbus, MD, director of the UCSF Prenatal Diagnosis Program.

The relatively new procedure, which obtains a tiny sample of the placenta for study, is immensely popular with patients who are candidates for prenatal diagnosis. These include women over 35—at increased risk of having a child with conditions such as Down's syndrome—and those with a family history of certain hereditary diseases such as sickle cell anemia and Tay-Sachs disease.

To our neighbors

Rush—Time Dated
September—October, 1986

UCSF
University of California San Francisco
New and Public Information Services
532 Parnassus Avenue, San Francisco, CA 94143